

Any Questions?

If you have questions about the Educational Psychology Service you can ask:

- Your teacher or someone at school
- Your mum, dad or person who looks after you
- The Educational Psychologist

You can always ask the Educational Psychologist questions about what she or he is doing. You can tell her or him how well you think any support is helping or anything you are not happy with.

The name of your Educational Psychologist is:

Research

Educational Psychologists can also help people carry out research to see what works best in schools and settings. If you have an idea about some research you would like to do in your own school that might make learning easier for yourself or others, let us know and we will see if we can help.

Contact Us



Dr Shannon Finlayson

Principal Educational Psychologist



Sally Kane

Educational Psychologist

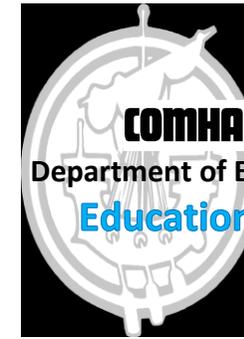
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Comments, Compliments and Complaints

If you have any questions or comments about the Educational Psychology Service please contact us using the address or telephone details on this leaflet.



COMHAIRLE NAN EILEAN SIAR
Department of Education and Children's Services
Educational Psychology Service

INFORMATION FOR

CHILDREN &

YOUNG PEOPLE



What is Psychology?



Psychologists listen to how different people see things and work with people to help them find solutions to difficulties. Psychologists are trained to help people to succeed in life and learn how to deal with things that they are finding difficult.

What is an Educational Psychologist?

An Educational Psychologist is someone who visits nurseries, primary and secondary schools to look at ways to make school or nursery better for you. The Educational Psychologist does this by working with your teachers, your parents or carers, and sometimes with you, to understand what is working well, what isn't working so well, and suggest different ways of doing things that might work better.

What might Educational Psychologists help with?

We will try to make school, the community or home better for you. Like when you:

- Feel angry or upset
- Find school work difficult
- Are not getting on with friends or feel bullied
- Feel unhappy at home or get in to trouble

What do we do?

When we are asked to help we first check with your parent or carer that it is OK. We can do different things to help make school better for you. We might:

- Talk with people who know you well
- Spend some time in your classroom to see what the classroom is like and what work you are doing
- Get to know you by doing some activities together.
- Go to meetings
- At times we work with a group of people or with a whole class with one of your teachers to look at things such as friendship or bullying.

What will it be like to meet an Educational Psychologist?

We will help you feel as comfortable as possible and will listen carefully to what you say. We might ask you to draw or do an activity with us. We might ask you to tell us about the things you are good at and what you find hard.

We understand that it can be hard for people to talk about difficulties they are having at home, at school or in the community. We will try to find ways to make it easier for people to talk about difficult or upsetting subjects.

Your opinions and ideas matter

You have a right to say what you think and to be listened to.

When decisions are being made about you, you should have a chance to say what you think and how you feel. People should find ways to help you have your say.

If you don't want to meet with an Educational Psychologist, you don't have to.