ClubSport Lewis & Harris Annual Report 2023/24































Committee Line Up

Honorary President Charlie Nicolson

> Chairperson Liz Rogers

Vice-Chairperson Kenny Kuna Morrison

<u>Treasurer</u> Donald E Macleod

Steven Munro (Ex-officio Member)

Sports Representatives

Donald Lamont: Lewis Camanachd David Campbell: Stornoway Golf Club David Hanlon: Swim Western Isles Brian Lewis: SRAC Marion Finlayson: Western Isles Pony Club Ron Mighton: Stornoway Sailing Club lain McFee: Stornoway Rugby Club Cathie Stewart: Dance Rep Cameron Cranston: Stornoway Angling Association Paul Finnegan: Harris Rep Carolyn MacPhee: Harris Rep David Macleod: Schools PE Rep Rebecca McGrath: Youth Rep Gordon Mopp Macdonald: LHYCA Norman Macaskill: Disability Sports Rep Fraser Macdonald: Football Rep Ellen McMurdo: NI Pupil Rep Joel Ferguson: NI Pupils Rep Kieran MacNally:SES Pupils Rep Grace MacLennan:SES PupilRep

Ex-officio Members

Sergeant DJ Macleod/PC Gary Murray: Police Scotland Cllr Norman Tomsh Macdonald: CnES Rep Erica Clark: Community Learning & Development Norma Macleod/Jeanne Mackay: Western Isles NHS Iain GG Campbell: WI Sports Development Manager

Observer

WIDT Rep











Affiliated Clubs

Association (5)

Breasclete Community Association Lewis and Harris Football Association Lewis and Harris Youth Football Association Lewis and Harris Youth Clubs Association Ness Sports and Recreation Association (Spornis)

Club/Organisation (44)

Bernera Bowling Club Back Football and Recreation Club Barvas & Brue Community Centre Falmadair Friends of Lynn Maclean School of Dance George Kerr Stornoway Judo Club Goathill Park Amenities & Recreation Club Girlguiding Western Isles Hebridean Cycle Club Harris Gun Club Isle of Harris Golf Club Isle of Harris Water Sports Laxdale Community Hall Isle of Lewis Gymnastic Club Lewis Camanachd Lewis Ladies Netball Club Lewis Car Club Lewis and Harris Women's Football Club

> Lochside Arena Lewis and Harris Riding Club

Lewis and Harris Sub Aqua Club North West All-Stars ation S Stornoway Angling Assoc. Stornoway Canoe Club Stornoway Bowling Club Stornoway PHAB Club Stornoway Golf Club Stornoway Rowing Club Stornoway Rugby Club Stornoway Running and Athletics Club Stornoway Sailing Club Stornoway Squash Club Stornoway Rifle Club Stornoway Tennis Club SportHarris South Harris Bowling Club Swim Western Isles Sail Stornoway Uig Community Association Western Isles Badminton Association Western Isles District Scouts Council Western Isles Duke of Edinburgh Western Isles Motocross Club Western Isles Pony Club Westside Runners & Fitness Club Western Isles Triathlon Club Western Isles Darts League





A word from the Chair



As we mark our first year since rebranding to ClubSport, I want to extend my gratitude to the Executive Committee for their dedication. Our continued online meetings have maintained strong attendance, and I especially want to thank Kenny, our Vice-Chair; Donald, our Treasurer; and Steven, our secretary and the face of ClubSport.

This year, we welcomed several new clubs, including Laxdale Hall, Goathill Park Amenities & Recreational Club, Stornoway Tennis Club, and Sail Stornoway. With their addition, ClubSport now boasts its largest membership ever! All new clubs are encouraged to apply for start-up grants and access funding to support their members in coach education and travel.

A highlight of the year was Kara Hanlon's remarkable journey. Although she narrowly missed qualifying for the Olympic Games, her achievements continue to inspire us, and we were proud to watch her story through the recent documentary.

In February, ClubSport hosted a successful quiz event across both islands. The donations raised benefited students at The Nicolson Institute and Sir E Scott, helping to cover growing costs for sporting equipment and travel. SES used their funds to purchase footballs for lunchtime activities, while NI aimed to reduce parents' costs for sporting trips.

We are grateful for the ongoing financial support from CNES and the guidance from Scottish ClubSport. We also look forward to continued backing from The Crown Estate, which plays a crucial role in enabling our young athletes to compete on the mainland and beyond. Currently, we are collaborating with the Scottish government to secure free U22 ferry travel for these athletes.

As we anticipate another year filled with sporting achievements, we are excited about the WIIGA team representing the Western Isles in Orkney in the summer of 2025, along with individual athletes excelling in various mainland competitions.

Finally, I want to acknowledge everyone involved in promoting sport, especially those receiving awards today. ClubSport Lewis and Harris is committed to supporting our clubs and athletes as they proudly represent our islands for many years to come.









A word from the Secretary



We have continued to hold the executive committee meetings virtually and had successful meetings in November 2023, January, March, June & August 2024. As secretary I would like to thank and congratulate the committee for all their help during the last year. As well as the excellent support I get from the Executive Committee, I would also like to thank the Chairperson, Vice Chairperson and Treasurer and hopefully we get to continue to develop and progress the work that has been go on.

ClubSport has supported several affiliated clubs, associations and individuals through the grant scheme, all members are able to access the grant aid scheme offer by ClubSport. The grant scheme covers the following: Coach Education, Sports Equipment, Sports Coaching Development, Sports Events, Discretionary and Excellence. Some of our members have made use of the scheme to develop and improve what they offer their members. This year the committee supported member club by awarding 36 grants to allow our island sport to develop. I would like to encourage those clubs that don't access the scheme to contact me and see how we can support you. After 3 years of offering higher grant awards and increased percentages after covid, ClubSport executive committee unfortunately had to bring these awards and percentages but in line with previous figures. This was due to the reduced levels of funding that we can access. It's now more important than ever that all members to look to maximise other funding options and use ClubSport funding as the final piece of the jigsaw.

ClubSport are continuing our partnership with Crown Estate to continue to offer youth & young people and their clubs the opportunity to apply for travel grants to the ClubSport Youth and Young person travel scheme (supported by Crown Estate). Please take time to read the detailed Crown Estate section of this report. As secretary I would like to create/reestablish partnership with the Western Isles Development Trust, Local wind power and Western Isles NHS to look at ways, we can develop our local voluntary clubs in Lewis & Harris.

ClubSport in partnership with the Sport & Health Service offered all ClubSport member clubs to attend virtual Child Wellbeing and Protection in Sports workshops, 1st Aid courses for sports coaches and various Sporting Memories Clubs in the communities and care homes.

As secretary I would like to thank Scottish Clubsport for their continuing support with funding advice, developing partnership, access to virtual workshops and our local service to sport award.

This year we received a varied number of nominations for all our different sports awards. These awards allow clubs to nominate and recognise the hard work done but our volunteers.

I would like to take this opportunity to thank all volunteer coaches and clubs what they are doing to make sure sport and physical activity in Lewis and Harris is given every chance to develop and increase.

As Secretary I would like to recognise the efforts that all our volunteers, clubs and coaches put in to ensure that their sport is continuing to develop. If it was not for the efforts off all concerned sport on our island would not be where it is today











Who we are and what we do!

What does ClubSport Lewis & Harris do?	Membership and how to affiliate
ClubSport Lewis & Harris is an association of local ports clubs and organisations which work together with Comhairle nan Eilean Siar, and Western Isles Health Board to foster and develop sport in Lewis and Harris.	All sports clubs and organisations who have a con- situation and a democratically elected committee are invited to affiliate to ClubSport. You can request a Membership Form from the Secretary or download one from the ClubSport website.
Operating through an Executive Committee which meets approximately five times per year, ClubSport is made up of a truly representative cross- section of the wide variety of sporting interests from the Butt of Lewis to Leverburgh.	How to affiliateThe annual fee for membership to ClubSport is:Association-£40Club/Association-£30Individual-£25
 All sports clubs and organisations which are involved in the promotion of sport or recreational activities are invited to affiliate in order to obtain the benefits of membership. Since its inception, membership of the ClubSport has steadily grown. All members of ClubSport, elected members, officers of Comhairle nan Eilean Siar, Health Promotion, affiliated Clubs and other organisations are involved in the decision-making process in relation to the development of sport at local level. This involves considering and awarding grant aid for sport to affiliated clubs and organisations and ensuring that funding for sport is allocated prudently and for the benefit of sport in its widest sense. The main objectives of ClubSport are: To encourage co-operation and co-ordination between sports groups To assist in the formation of sports clubs To encourage school pupils and school leavers to participate in sport To promote and support sport coaching courses for young people To promote and support sport coaching courses for young people To assist sports people, achieve their potential through coaching and competition To promote and encourage sporting links with the Uist and Barra Sports Council 	 Start Up Grant - 525 Start Up Grant - Start Up Grants of up to £100 may be available to recently formed clubs which have a constitution Coach Education (Courses) - Western Isles courses can receive grant aid up to a maximum of £900 or 66% (whichever is the lesser amount). Mainland courses can receive grant aid up to a maximum of £500 or 66% (whichever is the lesser amount) Sports Equipment - Grants up to a maximum of £900 or 66% (whichever is the lesser amount) Sports Equipment - Grants up to a maximum of £900 or 66% (whichever is the lesser amount) Sports Coaching Development Grant - Grant aid up to a maximum of £600 or 66% (whichever is the lesser amount) Sports Events - Grant aid up to a maximum of £300 or 66% (whichever is the lesser amount) Excellence - the maximum cumulative grant available to an individual in one financial year will not exceed £500 or 66% (whichever is the lesser amount) for a club/organization max award in any one financial year will not exceed £1000 or 66% (whichever is the lesser amount) for a club/organization, individuals and public bodies on matters relating to sport and recreation. As the voice of local sport, ClubSport provides an advisory role to clubs, organisations, individuals and public bodies on matters relating to sport and recreation. As a member of Scottish ClubSport, ClubSport has the opportunity to voice and protect local interests at national level. ClubSport Youth & Young Persons Travel Fund (Funded by Crown Estate) - Grant aid up to a maximum of £2000 or 75% (whichever is the lesser amount) may be available. Each grant application will be considered on merit.











Who we've helped this year

Coach Education Grants

LHYFA - Support member coaches to attend an SFA level 1.1 coaching course

SRAC - To allow the club to increase the number of level 2 coaches to help with club development

LHWFC - Support member to attend an SFA level 1.1 coaching course

Start—Up

Goathill Park Amenities Recreation Club Sail Stornoway Stornoway Tennis Club Laxdale Community Association

Excellence Grants

Lewis Car Club to send a member who has been selected/invited to entry 7 races during the Milltek Sport Civic Cup 2024 competition

Stornoway Rugby Club to allow 3 youth players to attend Scottish trials organized by Scottish Rugby

Isle of Harris Golf Club supported the club to send a member to compete in a Scottish Disability Golf and Curling competition on the mainland

Harris Gun Club to allow 2 club members who had been selected to represent Scotland and an International shooting competition in Wales during the 2024 season





Sports Coaching Development

Lewis & Harris Riding Club bring an instructor from the mainland to deliver instruction to all club members during 2024.

Lochside Arena to bring an instructor from the mainland to deliver instruction to all club members in April & July 2024.

Sports Equipment Grants

North Lewis Maritime Society (Falmadair) - to purchase a suitable fixed container to store equipment and make repairs

Barvas & Brue Community Centre to purchase a new storage container for the equipment that is available to its members

LHYFA to allow the association to purchase new 5 v 5 folding goals for local festivals

Ness Sports & Recreation Association to purchase new athletics and gymnastics equipment to continue to offer the community of Ness the opportunity to develop both sports.

Northwest All-Stars to allow the club to purchase specific equipment for the cheerleaders.

Duke of Edinburgh Award to purchasing new DoE expedition equipment for the use on your annual expeditions

Sports Event Grant

Western Isles Badminton Association to allow association members to attend a competition on the mainland to challenge themselves in a competitive setting.

Swim Western Isles to allow swimmers from the club to attend a competitive swimming gala to gain valuable experience.

Lewis and Harris Football Association to assist member club to play matches in the Coop Cup and Highland Amateur during the 2024 season and allow the association to bring Highland League Football Club Brora Rangers to the island in July 2024.

Lewis & Harris Youth Football Association to allow the association send 12 youth player who have been select/signed by either Ross County or Caley to attend mainland Youth Football fixtures during the 2024 season

Stornoway Squash Club to allow members to travel to take part in a squash competition in Orkney and Inverness in 2024

Harris Gun Club to allow the club to send members to take part in mainland shooting competitions.

Sportharris to allow the organisation to plan host and deliver of the Harris $\frac{1}{2}$ marathon on Saturday 6th July 2024.

Discretionary Grants

South Harris Bowling Club support the club to promote and develop the sport of Bowling in the South Harris Community

Total Grants awarded by ClubSport Lewis & Harris during 2023/24 £15,000







<u>ClubSport Lewis & Harris</u> Youth & Young Persons Travel Fund (Funded by Crown Estate)

ClubSport Lewis & Harris works in partnership with crown estate to distribute funding to all member club/associations to support youths traveling off island to further develop their chosen sport.

The fund has helped young people and their clubs to participate in more mainland training, events and competitions. The fund's goal was to support the Island's young athletes to gain access to main- land competitions/festivals as well as supporting young athletes reaching a higher standard in their chosen sport. Past successful athletes that had benefited from this award were Kara Hanlon, Mat- thew Wright, Adam MacKinnon, James Graham, Keith Bray & Andrew Macleod. This has been achieved and it is hoped that the links between Crown Estate and ClubSport will continue to help support and develop island sport.

ClubSport are delighted to have been able to support young athletes to travel off Island to develop their sport and giving them opportunities to face new challenges.

Below you will find some of the Crown Estate grants that were awarded in 2023/24.

Swim Western Isles to allow the club to attend mainland swimming galas to provide club swimmers the challenge of competing in different swimming pools and against other swimmers.

Lewis & Harris Youth Football Association to allow 12 players (8 boys & 4 Girls) from the association to travel to the mainland to play and train with Ross County & Caley Thistle during the 2023/24 youth football season. This gives these talented young footballers a taste of the life of a professional footballer.

Lewis Camanachd to allow the club to play fixtures in the 2024 season and to take part in the cup competitions, this allows the sport of shinty to continue to develop locally.

Northwest All-Stars the grant supported the club to take their youth and mini teams to the mainland during 2024 to get a taste of competition.

Stornoway Running & Athletics Club to allow the club to attend various cross country, track and Field events both at regional and national level

Western Isles Badminton Association to allow the club to send a youth member to attend the Highland `badminton training sessions on the mainland between September and December 2023 and January and June 2024.

Grants awarded by ClubSport Lewis & Harris via the Crown Estate fund during 2023/24 £15.000



ClubSport Lewis & Harris Sports Awards 2024



Services to Sport: Andy Morrison

Winners



Young Coach of the Year: Tianna Drummond



Young Person's Coach of the Year: lain MacLeod (Football)



Community Coach of the Year: Jane Nicolson (Golf)



U-18 Sportsperson of the Year: Isla Fraser (Badminton)



Team of the Year: Stornoway Athletic FC



Club of the Year: Point FC U14



Over-18 Sportsperson of the Year: Muriel Macleod (Athletics)



Accounts

ClubSport Lewis & Harris Income and Expenditure Account For the Year Ended 31 July 2024

<u>2023</u>	INCOME				-
£ 15,098 28,350 1,130 309 188 - 180	Comhairle nan Eilean Siar Crown Estate Affiliation Fees Sports Quiz Bank Interest MIDAS Miscellaneous		£	£ 13,125 16,667 1,270 1,262 391 1,200 1,180	£
600	Santa Run Income		-	122	
45,855					35,218
	EXPENDITURE				
2,576 300 - 3,412 2,949 7,681	Grant Aid:	Excellence Start-up Coach Education Coach Development Sports Event Equipment	750 150 575 1,650 3,390 5,112		
800 11,578		Discretionary Crown Estate	1,050 12,844	25,521	
59 101 153 100 800 300 519 600 530 100 - 220 913 33,690	Sports Quiz Advertising/Administration Insurance Scottish Clubsport Donations Day of Inclusive Sport Miscellaneous Child Protection First Aid COVID MIDAS Sporting Memories Santa Run		- -	462 136 299 130 803 300 726 390 510 - 1,200 -	30,478
12,165	SURPLUS/(DEFICIT)FOR YEAR			=	4,739

ClubSport Lewis & Harris Statement of Funds For the Year Ended 31 July 2024

<u>2023</u> <u>£</u>	COMBINED FUNDS	££	
25,395	Balance as at 1 August 2023	<u> </u>	59
(4,607) 16,772	General Fund - Surplus/(Deficit) for Year Crown Estate - Surplus/(Deficit) for Year	91 3,82	16 23
37,559	Balance at 31 July 2024	42,29	99
	Represented by:		
9,403 (100)	Bank Current Account - General Fund Less Unpresented Cheques	10,219 -	
9,303		10,21	19
28,257	Bank Current Account - Crown Estate	15,413	
	Add Grant Received Post 31 July	<u> </u>	30
37,559	Balance at 31 July 2024	42,29	<u>}9</u>





2024 - another year Kara will not forget

ClubSport Lewis & Harris talented local swimmer and former Swim Western Isles athlete Kara Hanlon (Now swimming for Edinburgh University) represented achieved the qualifying times to make the British trials for team GB for the Paris Olympics

This was a magnificent achievement for Kara. As a 12 year old, Kara trained in the Ionad Spòrs Leòdhais 25m pool and Lionel 12.5m pool. When she was only 14 years old Kara attended her first NatWest Island Games in the Isle of Wright in 2011 and since then has gone on to shine at a further four island games, winning gold medals and setting island games swimming records.

As a NatWest International Island Games athlete, she has won a total medal haul of 12 with 8 golds and 4 silvers. It is hoped that Kara will be attending the Orkney Island Games next July and adding to her medals

Kara said: "I am always proud to represent the island and am very thankful for everyone's support".

Ross County, Caley Thistle, Nairn & Stirling players do island proud

Local footballers Matthew Wright (Point), Adam Mackinnon (Tong) Keith Bray (Tong), James Graham (Laxdale) and Andrew Macleod (Stornoway) are all professional footballers at Ross County, Caley Thistle and Nairn County in the Highlands with James Graham playing for Stirling Albion.

Matthew has now signed for Highland League side Nairn County, where is regularly finds the back of the net.

Adam left Ross County in the summer of 2024 and made the short trip across the Kessock Bridge to play in the colours of Inverness Caley Thistle.

Andrew is currently part of Don Cowie's 1st team and Scottish Premiership squad

Keith has been joined at Caley Thistle by Adam and were both under the guidance of former Everton goal scorer Duncan Ferguson prior to the club's recent administration.

James left Rangers this summer and is now playing for Stirling Albion





















The Finest Salmon from **SCOTLAND**

NatWest International Island Games Orkney 12th - 18th July 2025

















ド市小洋茶 ORKNEY 2025

The Games in Orkney will see the Western Isles travelling up to Orkney with a squad of just over 100 athletes to compete in the following events Island Games Sports

Athletics Archery Badminton Bowls Cycling Golf Football Swimming



















ClubSport Sports Events

Sporting Memories Sports Quiz Santa Run Coaches 1st Aid

sportscotland

sportscotland in partnership with CnES Sport & Health are always available to support and advise Lewis and Harris Sport Council member clubs

Further information please email smunro@cne-siar.gov.uk

Sports Workshops

Child Wellbeing and Protection in Sport

Scottish Disability Sport

ClubSport Affiliation

Affiliation fees (which cover from October to September) shall be paid by 31 December following the Annual General Meeting. Any club, association, organisation or individual that has not reaffiliated by the 31st December after the AGM will be allowed to re-affiliate but will not be able to apply for grant aid for a 10 month period from 31st December.

Applications for grant aid will not be considered without prior payment of affiliation fees.

























